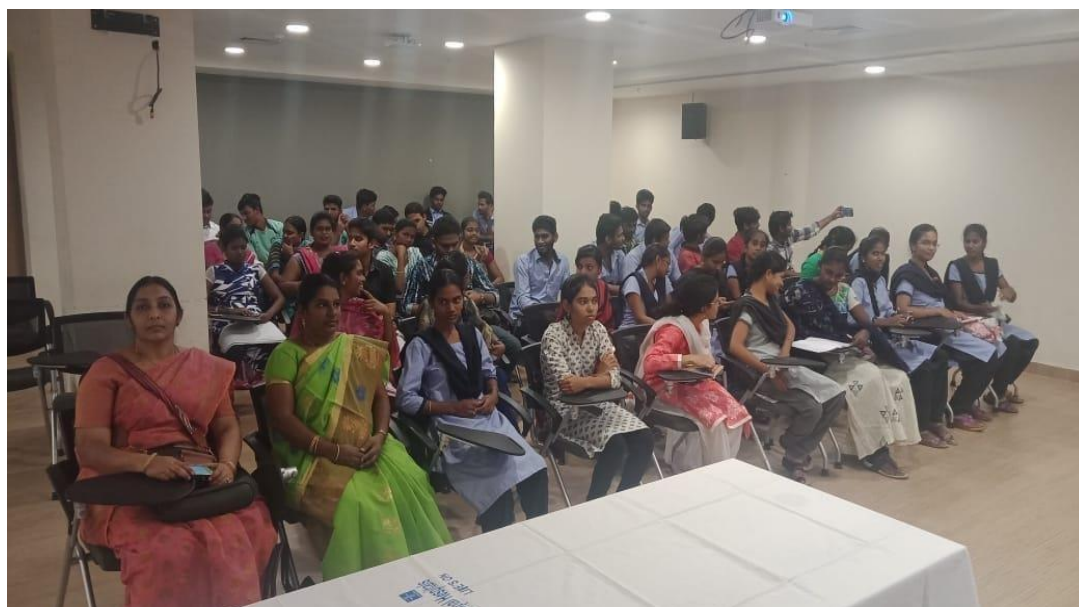


Student Study Visit to Manipal hospital

Workshop on Life Saving Skills

Date: 8/01/2019



The II, III BSc. Students Department of Biochemistry visited a workshop at Manipal hospital, Tadepalli, on lifesaving skills. In the session Dr. B. Srinvas and Dr. Alim explained the basic life support skills. In the second session, they presented first aid principles and the AED machine working principle. Lunch was provided to students by the management of Manipal hospital, and workshop attending certificates were issued.

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In the session, the students learned about CPR (Cardiopulmonary resuscitation). Cardiopulmonary resuscitation (CPR) is a lifesaving technique useful in many emergencies, such as a heart attack or near drowning, in which someone's breathing or heartbeat has stopped. The American Heart Association recommends starting CPR with hard and fast chest compressions. This hands-only CPR recommendation applies to both untrained bystanders and first responders.

Students were trained to respond in case of a suspected heart attack, should Call 911 or your local emergency number, the patient is allowed to chew and swallow an aspirin while waiting for emergency help, patient can take nitroglycerine if prescribed, CPR should be started if the person is unconscious, If automated external defibrillator (AED) is immediately available. If the person is unconscious, follow the device instructions for using it.

They aware the students about how to treat significant burns until emergency help arrives. First to protect the burned person from further harm; make sure that the person burned is breathing; to remove jewelry, belts, and other restrictive items; covering the burn area, and not to immerse extensive, severe burns in water, to elevate the burned area, and observe for signs of shock.

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For minor burns the first aid to be provided was explained. To cool the burn, remove rings or other tight items from the burned area, not to break blisters, to apply lotion, bandage the burn. If needed, take an over-the-counter pain reliever, such as ibuprofen (Advil, Motrin IB, others), naproxen sodium (Aleve), or acetaminophen (Tylenol, others).

During the session, students learned that, Recognizing the signs of a stroke can help someone lifesaving care on time; using an AED can potentially help a person's heart before emergency services will arrive

Acknowledgments

We thank our honorable Principal, Dr. Velaga Joshi, for permitting us to visit the workshop and NSS coordinators for providing support and transportation for this visit

8/01/19

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Field-trip & Workshop

Life Saving Skills at
Manipal Hospital

Students from department of Biochemistry are invited to attend Manipal Hospital to attend a workshop on Life saving skills. The workshop was conducted by Doctors and presentation was given on the skills to be taken at the time of emergency such as Cardiac stroke, Snakebite, accident, epilepsy etc. Students interacted with doctors and came to know about about BLS algorithm, to check for responsiveness to look for chest compressions followed by ventilation, External defibrillator etc.

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